

## Consciousness and the Self

### Exercises

Read pages 123 to 133 of Blackmore (2010). Discuss the following questions with the others in your group.

1. Are you an ego theorist or a bundle theorist?
2. How can a bundle theory account for the fact that it seems as though you have a continuous, persistent self?
3. If you are an ego theorist, are you necessarily also a dualist?

### Reference

Blackmore, S. (2010). *Consciousness: An Introduction*. Hodder Education, London.